

## Special offers/promotions

We are delighted to offer a range of fantastic promotions to our clients. Please ask staff for full details. Terms and conditions apply.

### 20% off student discount

Make the most of being a student with Bodilight! Benefit from an amazing 20% off all treatments when you present a valid student card to reception when making payment.

### Loyalty points reward scheme

Spend – Earn – Save, its easy! Every time you purchase a service, a product, write a review or introduce a friend to th clinic you will automatically be credited with a number of points to your account. Simply allow these points to build up and redeem against a treatment of our choice at a time that suits you. T & C apply.

### Introduce a friend and receive 20% off

Do you know someone who would like a treatment at Bodilight? Invite them along, and we'll reward both you and your friend with up to £50 off your treatment. There is no maximum number of people you can refer to Bodilight.

### Corporate scheme

If you are a local employer looking for ways to incentivise or reward your staff, we can help. We offer corporate days and events and ongoing corporate discount. Whatever your requirements, give the clinic a call.

### This months special deals

Every month Bodilight run special offers on various services and products. To find out what promotions are available this month, give the clinic a call, visit the website or find us on Facebook and Twitter.

### Opening hours

9.00am to 7.00pm  
Monday to Saturday

### Address:

301 South Row  
Milton Keynes  
MK9 2FY

t: 01908 395 031

email: [enquiries@bodilight.co.uk](mailto:enquiries@bodilight.co.uk)

[www.bodilight.co.uk](http://www.bodilight.co.uk)

Find us on facebook: [www.facebook.com/bodilightclinic](http://www.facebook.com/bodilightclinic)

Follow us on twitter: @Bodilight



Specialists in laser hair removal and aesthetic treatments for men and women

“ Professional, knowledgeable staff, excellent service within a relaxed and friendly atmosphere ”



Welcome to Bodilight Aesthetic Beauty Clinic. Specialising in a range of proven and highly successful treatments, Bodilight is proud to offer such advanced technology. Our staff are dedicated to providing a professional service of the highest standard.

## Laser hair removal

Bodilight are specialists in laser hair removal. With over 20 years of experience using the most advanced technology, we are able to offer a safe, effective and permanent solution for unwanted hair for both men and women. For optimum results several treatments are usually required. Multiple treatment discounts are available.

	Per treatment	Course of 6	Saving
Tier 1 Nose, Glabella, Ear lobes, Toes, Fingers	£50	£240	£60
Tier 2 Upper lip, Chin, Hair line, Cheeks, Sideburns	£70	£336	£84
Tier 3 Feet and toes, Hands and fingers, Nipples, Linea, Sternum, Perional	£75	£360	£90
Tier 4 Jawline, Front or back of neck, bikini, Underarm, Hand size patch	£89	£428	£106
Tier 5 Upper lip and chin, Bikini thong, Upper or lower arms	£115	£552	£138
Tier 6 Beard, Full neck, Breast, Bikini Thong Plus	£125	£600	£150
Tier 7 Buttocks, Full face, Beard and front of neck, 3/4 arms., Half back, Designer bikini (Brazilian)	£149	£716	£178
Tier 8 Chest, Abdomen, Full clearance bikini (Hollywood), shoulders Bikini extended, Back of thighs	£159	£764	£190
Tier 9 Full arms, Full back, Lower legs, Upper legs	£189	£908	£226
Tier 10 Full legs, Chest and abdomen, Back and shoulders	£239	£1148	£282

## Electrolysis

Electro epilation (commonly referred to as Electrolysis) is a method of removing unwanted hair. It is the only medically approved method of permanent removal for blonde, white and grey hair types. A course of treatment is usually necessary. Multiple treatment discounts are available.

<b>10 minutes</b>	<b>£15</b>	<b>30 minutes</b>	<b>£37</b>
<b>15 minutes</b>	<b>£22</b>	<b>60 minutes</b>	<b>£69</b>

### Advanced Electrolysis

A wide diversity of skin blemishes and disorders can be treated easily and effectively using this advanced technique. Results can often be seen immediately, however on some occasions several sessions may be required to achieve an eventual blemish free skin. Treatable conditions include:- thread veins, millia, skin tags, blood/cherry spots, warts, verrucas, sebaceous cyst and much more.

<b>15 minutes</b>	<b>£60</b>
<b>30 minutes</b>	<b>£90</b>

## Waxing

Tier 1 <b>Glabella, eyebrows, upper lip, chin, hair line, cheeks, sideburns, nipples, linea, sternum, toes, fingers, nostrils</b>	<b>£13</b>
Tier 2 <b>Feet and toes, hands and fingers, underarm, standard bikini, hand size patch</b>	<b>£16</b>
Tier 3 <b>Front/back of neck, upper or lower arms, Peri anal, upper lip and chin</b>	<b>£18</b>
Tier 4 <b>Beard, full neck, lower or upper leg, buttocks, bikini thong, chest, half back</b>	<b>£20</b>
Tier 5 <b>Shoulders, beard and front of neck, abdomen</b>	<b>£23</b>
Tier 6 <b>Back, full arms, bikini extended, ¾ legs</b>	<b>£27</b>
Tier 7 <b>Designer bikini (Brazilian), chest and abdomen, full face Full clearance bikini (Hollywood), full legs, back and shoulders</b>	<b>£35</b>

## Wrinkle relaxer

Wrinkle relaxer is one of the best known and most popular non-surgical treatments for treating lines and wrinkles caused by smiling, laughing and frowning. It is used to prevent the muscle contractions that cause furrows and fine lines when the face is making expressions. Wrinkle relaxer is used in an artistic way to restore a relaxed and more youthful appearance to the face. The treatment is safe and virtually painless and results are visible within three to ten days, lasting for three to four months. In addition to the treatment of frown lines and wrinkles Wrinkle relaxer is also used to treat Hyperhidrosis (Excessive Sweating).

### Anti-wrinkle injections

#### Main areas includes:

Vertical frown lines, crows feet, horizontal forehead lines.

<b>One area</b>	<b>£179</b>
<b>Two areas</b>	<b>£259</b>
<b>Three areas</b>	<b>£299</b>

### Male treatments

**add £50**

#### Additional areas

**from £79**

Bunny lines, chin, gummy smile and neck

<b>Hyperhidrosis (excessive sweating)</b>	<b>£429</b>
Axilla (armpits)	

## Fillers

Dermal fillers can be used to improve the appearance of expression lines and scarring. These products are all hyaluronic acid based (non-animal fillers) which are used to replenish lost volume in the skin, smoothing out lines and wrinkles thus helping to erase the signs of ageing without resorting to surgery. We also offer lip enhancement and "smile boost" treatments.

### Main areas include:

Nasolabial – nose to mouth lines  
Marionette lines – mouth to jowel lines  
Lip & cheek augmentation  
Tear trough – hollows around eyes  
Temporal hollows  
Brow lift and jawline

### Prices

The following world leading products ranges are used at Bodilight Restylane, Perlane and Juverderm. The Doctor will advise you on the most suitable filler/s for your face.

<b>1 syringe</b>	<b>from £259</b>
<b>2 syringes</b>	<b>from £475</b>
<b>3 syringes</b>	<b>from £650</b>

### Sculptra

A fantastic new weapon in the war against wrinkles has arrived and its name is Sculptra™. It's new, innovative and is tailor made for those who want to banish deep lines and wrinkles and restore the facial volume which has diminished with age.

<b>1 vial</b>	<b>£400</b>	<b>1 vial</b>	<b>£450</b>
<b>2 vial</b>	<b>£700</b>	<b>2 vial</b>	<b>£750</b>

### New generation dermal fillers

Juvederm Vycross collection presents a new approach to facial enhancement and revitalisation. This is a smooth gel formulation producing most natural results and maintain unique facial expression. In addition Sub Q and Radiasse are also available.

Please note: All treatments listed above are Doctor led. Our doctor will personally consult each patient to understand and asses their requirements as well as any medical concerns; before administering any treatment.

# Permanent Cosmetic Makeup / Medical micropigmentation

Permanent Makeup ensures you always look your best 24 hours a day – effortlessly! This innovative procedure can last up to 2 years or more. The results can be life-changing and confidence boosting. Furthermore, the technique is simple, safe and revolutionary and will enhance your natural beauty. A redeemable consultation fee of £50 is charged for all procedures.

**Eyebrows** £495  
Powdered effect, 3D hair stroke effect, High lift effect.

**Eyes** £425  
Lash enhancement (top and or bottom), fine – med eyeliner, two toned eyeliner, shaded eyeliner, pearl eyeliner, latino or ultra thick liner.

**Lips** from £495  
Lip contour, Lip contour & defined blend, lip blush, full lip colour, male lip enhancement.

**Paramedical** from £150  
Scar camouflage, vitiligo camouflage, MCA wrinkle therapy, scars in brows, cleft lip, forcyde lips.

**Areola** from £495  
Singe or double re-pigmenting areola, colour enhancement, shape correction/enhancement.

## Specialist skin treatment

**Epionce prescription facial** £50

**Epionce Lite refresh skin peel** £69  
Formulated to improve the appearance and texture of the skin by increasing cell turnover, this skin peel is the perfect “lunch-time” skin freshening treatment. It relieves skin congestion, dullness, sallowness and improves acne with no downtime meaning it’s great for all skin types including rosacea and sensitive skins.

**Epionce Corrective Peel** £85  
The Epionce corrective peel is a more advanced treatment and is formulated to improve the appearance and texture of the skin by increasing cell turnover to reduce the appearance of fine lines, wrinkles and sun damage. The treatment can be varied in strength and intensity thereby customised to your individual needs. The corrective peel produces optimal results as a course of three and requires using Epionce products two weeks prior to the treatment taking place.

**Microdermabrasion** £79  
Caci microdermabrasion uses an orbital skin resurfacing mechanism to remove the dead outermost layers of skin. As a result the newer, more vibrant skin that lies below is revealed, leaving your skin feeling and looking smoother, fresher, healthier and more youthful.

**Combination Microdermabrasion and skin peel** £109  
These procedures are ideal for almost all skin types and are great for providing general improvement benefits. In addition microdermabrasion and skin peels are commonly used to treat and diminish fine lines and wrinkles, acne prone skin, acne scarring, blackhead and congested skin, sun damaged skin, uneven pigmentation and uneven skin texture.

## Caci

Renowned for its non-surgical facelift, CACI Synergy uses patented micro-current technology to re-educate and lift the muscles of the face as well as target the main visible signs of ageing. It also comprises of orbital microdermabrasion, ultrasonic peeling and CACI’s unique wrinkle comb. For optimum results, we recommend that all facial toning treatments are carried out in courses of 10-12 twice weekly followed by a single monthly maintenance treatment.

### Facial Toning

**Synergy Non-Surgical Face Lift and Skin Rejuvenation with S.P.E.D\*** £90

A luxury treatment combining all aspects of the new CACI Synergy system for facial toning, leaving a youthful and radiant complexion. Comprising of CACI’s non-surgical facelift and ultrasonic peeling, orbital microdermabrasion, wrinkle comb and nourishing hydromask, this is the ultimate treat for your skin.

**Non-Surgical Face Lift with S.P.E.D\*** £69

CACI’s breakthrough S.P.E.D technology is used to lift and tone the facial muscles whilst dramatically reducing the appearance of fine lines and wrinkles leaving a more youthful appearance and clear, glowing skin.

**Jowl Lift with S.P.E.D\*** £42

Designed to lift, firm and refine facial contours using S.P.E.D technology to specifically target muscle laxity around the jawline.

**Eye Revive with S.P.E.D\*** £40

S.P.E.D technology is used to target hooded eyelids, fine lines and wrinkles whilst serum-filled rollers and a nourishing eye mask tackle puffiness and dark circles, great for those with tired eyes.

**Electro-Cellulite Massager (Bum lift)** £40

Designed to effectively contour the legs and buttocks, CACI’s electrically-charged massage roller is used to reduce inches and smooth the appearance of cellulite by breaking down fatty deposits and improving lymph drainage.

\*Breakthrough S.P.E.D™ technology (simultaneous photo-electrical delivery) combines CACI’s signature micro-current and high brilliance LED light therapy for enhanced skin treatment results. Red light is used to stimulate cellular turnover and collagen production whilst blue light is used to calm redness and kill bacteria - an effective treatment for acne and blemishes.



# Environ

This revolutionary treatment uses the Environ Ionzyme machine to apply a combination of electrical pulses and sound waves to drive vital skin vitamins A,C ,E antioxidants and peptides into the skin. The treatment stimulates maximum thickening of the skin, helps to improve collagen and elastin levels, soften lines and scars, reduces uneven skin tone and increases hydration. Optimum results are seen with a course of treatment alongside a prescribed home care.

## Environ Electro Sonic Essential Treatments

60 minutes - £63    90 minutes - £85

Using the DF Ionzyme machine alongside professional skincare products we can deliver more of what the skin needs and where it needs it most making a real lasting difference to your skin for life. Following a thorough skin consultation your skin specialist will help decide on 1 of the 4 treatment options below that is most suited to you.

### 1. Essential Youth Reset

Perfect for fine lines, sun damage and sagging skin.

### 2. Essential Moisture Boost

Reduce the appearance of fine lines caused by dehydration.

### 3. Essential Comfort Calm

Ideal for sensitive, irritated skin.

### 4. Essential Radiance Reveal

A targeted solution for sun damaged or pigmented skin.

## Electro-Sonic Focus-On Treatments

30 minutes - £45

Specially developed to target specific areas using environs revolutionary dual electro sonic DF technology, ensuring that your primary skincare concerns are directly addressed. Perfect for when time is limited.

### 1. Focus-On Frown treatment

Assists in reducing the appearance of expression and frown lines around the eye and forehead.

### 2. Focus-On Eye Treatment

Combining our peptide complex with hyaluronic acid ensures a completely refreshed, hydrated and youth appearance.

### 3. Focus-On Texture treatment

An intensive combination of the 3 Environ technology dual Electro sonic, cool peel and micro perfusion to reveal smoother evenly textured skin.

### 4. Focus-On Even Tone treatment

The power combination of vitamin A,C and AHA to assist in lightening the appearance of pigment marks resulting in a more evenly toned complexion



## Environ Cool Peel treatments

60 minutes - £65

Environ's unique technology is a non-invasive skin intelligent skin renewal system that will safely and effectively revive, refine and brighten skin. These should be performed 1 x per week for 6 weeks to achieve optimum results.

### 1. Youth Renew Cool Peel

Assists with reducing premature ageing, fine lines, sun damage and an uneven skin complexion. Leaving the skin looking refreshed and visibly youthful. You must have acclimatised to Vitamin A for a minimum of 3 weeks prior to this treatment.

### 2. Moisture Boost Cool Peel

Designed to gently buff off the skin surface and focus on revitalising dry, tired looking skin revealing a healthy looking glow.

### 3. Deep Cleansing Cool Peel

Designed to gently buff off the surface and focus on buffering and control the appearance of congested skin.

### 4. Bright Recovery Cool Peel

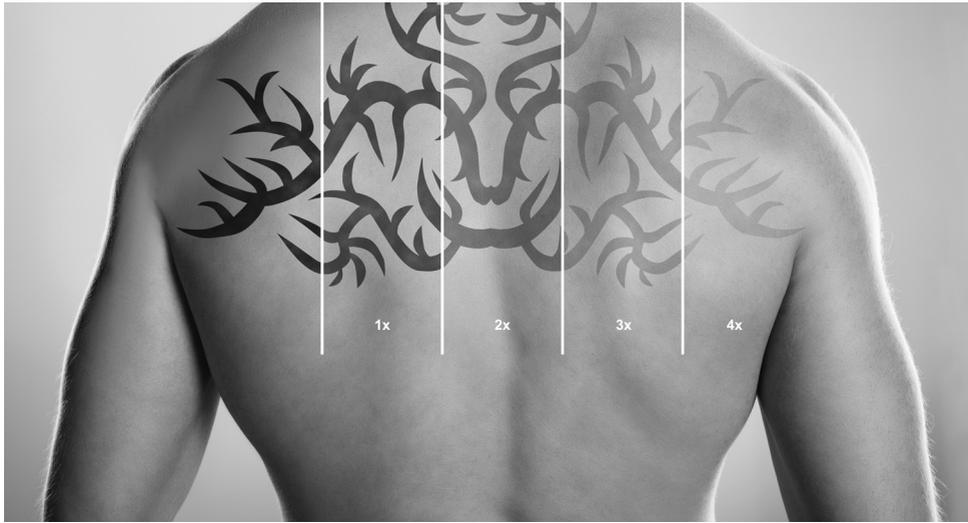
This gentle Lactic acid cool peel assist with reducing the appearance premature ageing, fine lines and uneven skin tones as a result of excessive sun exposure.

### 5. Blemish Control Cool Peel

Assists with the management of blemish prone distressed & problematic skin by purifying, cleansing and assisting to unlock pores and dissolve impurities. You must have acclimatised to Vitamin A for a minimum of 3 weeks prior to this treatment.

### 6. Vibrant-C Micro Peel

Freshly mixed before application, this peel is so infused with added anti-oxidant's that assists in restoring the skin glow, uneven textures and tone. You must have acclimatised to Vitamin A for a minimum of 3 weeks prior to this treatment.



## Tattoo Removal

At Bodilight we use specialised laser technology to diminish your unwanted tattoos. The treatment is simple, safe, and effective. Treatments are charged per session. For optimum results we recommend booking a course of a minimum of 6 treatments. The prices shown are an indication, however during your consultation your tattoo will be assessed by a specialist who will advise you on your suitability, expected results and number of treatments. 20% saving when purchasing 6 or more sessions.

<b>Test patch</b>	<b>£20</b>
<b>Very minor area (0-3cm)</b>	<b>£50</b>
<b>Minor area (4-8cm)</b>	<b>£75</b>
<b>Intermediate area (9-15cm)</b>	<b>£125</b>
<b>Major area (16-20cm)</b>	<b>£175</b>

## Carbon Facial

Using the ND Yag Laser, the Carbon Facial is a non-invasive procedure with zero down time using activated charcoal to improve the radiance of the skin. Dead skin cells, makeup residue, clogged pores, oil and blackheads are removed and the appearance of large pores, fine lines and wrinkles can be reduced. This treatment is great as a 'one off' for an instantly freshened complexion.

**Price: varies from £75.00**

## Eye treatments

### HD Brows

High Definition Brows are a tailor made eyebrow shaping treatment that focuses on design. It involves a combination of techniques including tinting, waxing and threading using specialist High Definition products. If there isn't enough hair to create your perfect arch immediately, we'll put you on a regrowth programme and work with you every step of the way to achieve the perfect brow for you.

<b>HD Brows signature</b>	<b>£30</b>
<b>HD Brows lightening</b>	<b>£45</b>

A patch test is required 48 hours prior to your HD Brows Signature appointment. If you have any history of hair dye allergies, you will be unsuitable for the signature treatment and should not carry out the patch test.

## Lash Enhancements

<b>Nouveau Individual Classic extensions</b>	<b>£69</b>
<b>Classic Lash infills 2-3 weeks/3 weeks plus</b>	<b>£40/£45</b>

The perfect treatment for those wanting beautiful lashes 24/7, these Individual lash extensions are applied, one at a time onto your own eyelashes. Treatment results are tailored to each individual creating anything from a subtle enhancement to an all-out glamour.

<b>Volume Lashes</b>	<b>£89</b>
<b>Volume lash infills 2-3 weeks/3 weeks plus</b>	<b>£43/£50</b>

Volume lashes aka (3D-6D lashes) is a multi-lash technique involves adhering ultra-fine lashes onto a single natural lash. The main benefit of this Layering is that it gives a full, high impact, glamorous look with maximum natural looking volume.

<b>Express Classic/Express volume</b>	<b>£40/£55</b>
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You are now able to transform your eyelashes during your lunch break. This fast technique gives you luscious lashes lasting up to 2 week' no infills required, simply remove and replace.

<b>LVL Enhance</b>	<b>£49</b>
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LVL (Lift Volume Length) straightens your natural eyelashes at the root, so unlike a traditional lash perm it creates the effect of longer, lifted lashes. The results are immediate and typically last up to 6 weeks.

<b>Eyelash Perm</b>	<b>£35</b>
<b>Eyelash Perm with Tint</b>	<b>£45</b>
<b>Eyelash tint</b>	<b>£16</b>
<b>Eyebrow tint</b>	<b>£14</b>
<b>Lash &amp; Brow tint</b>	<b>£26</b>
<b>Classic Brow shape/tidy</b>	<b>£13</b>

\* Please note: a skin test is required 24-48 hours before all lash treatments.



## Nail treatments

### Express manicure

File, shape and polish.

### Classic manicure

File, cuticle work, scrub, massage and polish.

### Deluxe manicure

File, cuticle work, scrub, massage, deep conditioning treatment and polish.

### Gel polish manicure/pedicure (Shellac or Gel bottle)

Mirror finish, lasting up to 2 weeks, no chips/dents or smudges and zero drying time.

### Builder gel

For added strength and longer wear. Includes gel polish finish

### Express pedicure

File and polish.

### Classic pedicure

File, cuticle work, removal of dry skin, massage and polish.

### Deluxe pedicure

File, cuticle work, removal of dry skin scrub, massage, conditioning treatment and polish.

### French polish

### Nail art

### Shellac addition

Other options of feature nails, chrome, stamping rockstar, foils are available and subject to a minimal additional charge.

### Nail enhancements

Acrylic enhancements (1 1/2 hrs)

Acrylic overlays (1hr)

Rebalance

Individual nail repair (acrylic)

Nourishing removal manicure

Senior  
Technician

£28 | £30

£30 | £35

£35 | £40

£33 | £38

£36 | £39

£28 | £30

£32 | £37

£37 | £42

Add £4

From £5

Add £10

£45 | £50

£40 | £45

£27 | £32

£5

£20

## Osteopathy

Do you suffer with: Back or neck pain, pregnancy discomfort, sport injuries, postural/work related problems, stiff and painful joints and/or repetitive strain injury? If so, the following treatments are carried out by a fully registered Osteopath. Bodilight Osteopathy clinic has a team of Osteopaths and sports therapists that are here to help.

### Osteopathy consultation & treatment

Inclusive of full clinical assessment, full medical history, posture analysis and presenting complaint analysis.

£50

### Osteopathy follow up session

£45

### Sports massage

£40

### Rehabilitation and sports therapy

£40

### Pregnancy treatment/massage

£45

## Holistic therapy

Holistic therapies are becoming increasingly popular these days. This is due to the nature of modern day living, with the extra stresses, strains and demands put upon us. Holistic therapies are extremely beneficial to everyday life as well as having advantages for treating specific ailments.

### Swedish body massage/back and shoulder massage

A relaxing full body massage, using as much or as little pressure as you require. Concentrating on specific areas of need or problem, ideal to relieve a build up of stress or tension wherever required.

£47/£36

### Aromatherapy facial massage

A shoulder, neck and facial massage using essential oils suited to your needs, including a cleanse, tone, compress and moisturise.

£49

### Aromatherapy body massage/back and shoulder massage

A relaxing massage combined with essential oils suited to your needs, whether to revitalise, sooth and replenish, detoxify, or rejuvenate.

£55/£40

### Indian head massage

An ancient technique to relieve stress, muscle fatigue and alleviate tension from the shoulders, neck and head area.

£40

### Luxury express facial

A pampering facial ideal for those who are always on the go. Enjoy a deep cleanse, tone, exfoliate, mask and moisturise. Suitable for all skin types.

£37

### Hot stone massage full body/back and shoulders

A stress-busting treatment designed to relax and unwind, there's nothing better than a hot stone massage. Popular for its ability to soothe both mind and body, the hot stone massage uses a combination of gentle oils and natural stones in a bid to ease muscle tension, improve circulation and promote wellbeing.

£57/£42