

Special Offers/Promotions/Gift Vouchers

We are delighted to offer a range of fantastic promotions to our clients. Please ask staff for full details. Terms and conditions apply.

Gift vouchers

Why not treat someone special... Bodilight is pleased to offer gift vouchers in denominations of £5, £10, £20, £50 and £75 or alternatively you may choose to purchase a gift voucher for a specific treatment value depending on what you wish to spend. Personalised and occasional gift vouchers can also be arranged. Gift vouchers may be purchased at the clinic, online or over the phone. All vouchers are valid for a period of 12 months from the date of purchase.

20% off student discount

Make the most of being a student with Bodilight! Benefit from an amazing 20% off all treatments when you present a valid student card to reception when making payment.

Introduce a friend and receive 20% off

Do you know someone who would like a treatment at Bodilight? Invite them along, and we'll reward both you and your friend with up to £50 off your treatment. There is no maximum number of people you can refer to Bodilight.

This months special deals

Every month Bodilight run special offers on various services and products. To find out what promotions are available this month, give the clinic a call, visit the website or find us on Facebook and Twitter.

Opening hours

Monday to Friday - 9am - 7pm
Saturday - 9am - 4pm

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www.bodilight.co.uk

Find us on facebook: www.facebook.com/bodilightclinic

Follow us on twitter: @Bodilight

Follow us on Instagram: @Bodilightmk



Specialists in laser hair removal and aesthetic treatments for men and women

“Professional, knowledgeable staff, excellent service within a relaxed and friendly atmosphere”



Welcome to Bodilight Aesthetic Beauty Clinic. Specialising in a range of proven and highly successful treatments, Bodilight is proud to offer such advanced technology. Our staff are dedicated to providing a professional service of the highest standard.

Laser Hair Removal

Bodilight are specialists in laser hair removal. With over 20 years of experience using the most advanced technology, we are able to offer a safe, effective and permanent solution for unwanted hair for both men and women. For optimum results several treatments are usually required. Multiple treatment discounts are available.

	Per treatment	Course of 6	Saving
Tier 1 Nose, Glabella, Ear lobes, Toes, Fingers	£50	£240	£60
Tier 2 Upper lip, Chin, Hair line, Cheeks, Sideburns	£70	£336	£84
Tier 3 Feet and toes, Hands and fingers, Nipples, Linea, Sternum, Perional	£75	£360	£90
Tier 4 Jawline, Front or back of neck, bikini, Underarm, Hand size patch	£89	£428	£106
Tier 5 Upper lip and chin, Bikini thong, Upper or lower arms	£115	£552	£138
Tier 6 Beard, Full neck, Breast, Bikini Thong Plus	£125	£600	£150
Tier 7 Buttocks, Full face, Beard and front of neck, 3/4 arms., Half back, Designer bikini (Brazilian)	£149	£716	£178
Tier 8 Chest, Abdomen, Full clearance bikini (Hollywood), shoulders Bikini extended, Back of thighs	£159	£764	£190
Tier 9 Full arms, Full back, Lower legs, Upper legs	£189	£908	£226
Tier 10 Full legs, Chest and abdomen, Back and shoulders	£239	£1148	£282

Electrolysis

Electro epilation (commonly referred to as Electrolysis) is a method of removing unwanted hair. It is the only medically approved method of permanent removal for blonde, white and grey hair types. A course of treatment is usually necessary. Multiple treatment discounts are available. Save up to 20% when booking/paying for a treatment course.

10 minutes	£20	30 minutes	£40
15 minutes	£28	60 minutes	£75

Advanced Electrolysis

A wide diversity of skin blemishes and disorders can be treated easily and effectively using this advanced technique. Results can often be seen immediately, however on some occasions several sessions may be required to achieve an eventual blemish free skin. Treatable conditions include:- thread veins, millia, skin tags, blood/cherry spots, warts, verruccas, sebaceous cyst and much more.

15 minutes	£75	30 minutes	£95
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Waxing

Tier 1 Glabella, upper lip, chin	£13
Tier 2 Eyebrows, hair line, cheeks, sideburns, nipples, linea, sternum, toes, fingers, nostrils	£15
Tier 3 Feet and toes, hands and fingers, underarm, standard bikini, hand size patch	£16
Tier 4 Front/back of neck, upper or lower arms, Peri anal, upper lip and chin	£19
Tier 5 Beard, full neck, beard and front of neck, buttocks, bikini thong, chest, half back	£23
Tier 6 Shoulders, lower or upper leg, abdomen	£26
Tier 7 Back, full arms, bikini extended, ¾ legs	£30
Tier 8 Designer bikini (Brazilian), chest and abdomen, full face Full clearance bikini (Hollywood), full legs, back and shoulders	£38

Wrinkle Relaxing

Wrinkle relaxer is one of the best known and most popular non-surgical treatments for treating lines and wrinkles caused by smiling, laughing and frowning. It is used to prevent the muscle contractions that cause furrows and fine lines when the face is making expressions helping to restore a relaxed and more youthful appearance to the face. In addition to the treatment of lines and wrinkles, the product is also used to treat Hyperhydrosis (excessive sweating).

Main areas includes: Frown lines, crows feet, forehead lines.	Additional areas Bunny lines, chin, gummy smile and neck	from £79
1 area		£179
2 areas		£259
3 areas		£299
Male treatments		add £50
	Hyperhydrosis (excessive sweating) Axilla (armpits)	£429

Fillers & Skin Boosters

Dermal fillers can be used to improve the appearance of lines, wrinkles and scarring. These products are all hyaluronic acid based (non-animal fillers) which are used to replenish lost volume in the skin, smoothing out lines and wrinkles thus helping to erase the signs of ageing without resorting to surgery. Commonly used for lip enhancement, temporal hollows, nose to mouth lines, cheek augmentation and more.

Thread lift

PDO Thread Lift is a minimally invasive procedure, that can shave years off your age without major surgery or visible scars. The dissolvable threads reposition the soft facial tissues to where they were years before – lifting and holding them in place and restoring the natural facial features of your younger self.

1 area	£500
2 areas	£900
3 areas	£1200

Filler prices

1 syringe from	£259
2 syringes from	£490
3 syringes from	£720

Tear trough	£449
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Prophilo

Prophilo® is a revolutionary 'beneath the skin' hyaluronic acid moisturising treatment. Prophilo® stimulates the skin cell receptors to counteract skin laxity and improve and restore firmness of the skin, resulting in skin that's rejuvenated, restored and boosted and hydrated.

1 session	£270
2 sessions	£520
3 sessions	£750

Vampire Facial /PRP

Platelet Rich Plasma skin rejuvenation aka PRP facial/Vampire facial is a revolutionary innovation has become famous after becoming a popular facial treatment among celebrities. Offering benefits/improvement to Acne scarring, open pores, fine lines & wrinkles, roceaca and other skin perfections, this fabulous treatment uses your own growth factors to regenerate your skin and give it the ultimate glow.

From £400

Please note: All treatments listed above are Doctor led. Our doctor will personally consult each patient to understand and asses their requirements as well as any medical concerns; before administering any treatment.

Permanent Cosmetic Makeup / Medical Micropigmentation

Permanent Makeup ensures you always look your best 24 hours a day – effortlessly! This innovative procedure can last up to 2 years or more. The results can be life-changing and confidence boosting. Furthermore, the technique is simple, safe and revolutionary and will enhance your natural beauty. A redeemable consultation fee of £50 is charged for all procedures.

Eyebrows Powdered effect, 3D hair stroke effect, High lift effect.	£495
Eyes Lash enhancement (top and or bottom), fine – med eyeliner, two toned eyeliner, shaded eyeliner, pearl eyeliner, latino or ultra thick liner.	£425
Lips Lip contour, Lip contour & defined blend, lip blush, full lip colour, male lip enhancement.	from £495
Paramedical Scar camouflage, vitiligo camouflage, MCA wrinkle therapy, scars in brows, cleft lip, forcyde lips.	from £150
Areola Single or double re-pigmenting areola, colour enhancement, shape correction/enhancement.	from £495

Specialist Skin Treatment

Epionce prescription facial	£55
Epionce Lite refresh skin peel Formulated to improve the appearance and texture of the skin by increasing cell turnover, this skin peel is the perfect “lunch-time” skin freshening treatment. It relieves skin congestion, dullness, sallowness and improves acne with no downtime meaning it’s great for all skin types including rosacea and sensitive skins.	£73
Epionce Corrective Peel The Epionce corrective peel is a more advanced treatment and is formulated to improve the appearance and texture of the skin by increasing cell turnover to reduce the appearance of fine lines, wrinkles and sun damage. The treatment can be varied in strength and intensity thereby customised to your individual needs. The corrective peel produces optimal results as a course of three and requires using Epionce products two weeks prior to the treatment taking place.	£89
Microdermabrasion Caci microdermabrasion uses an orbital skin resurfacing mechanism to remove the dead outermost layers of skin. As a result the newer, more vibrant skin that lies below is revealed, leaving your skin feeling and looking smoother, fresher, healthier and more youthful.	£79
Combination Microdermabrasion and skin peel These procedures are ideal for almost all skin types and are great for providing general improvement benefits. In addition microdermabrasion and skin peels are commonly used to treat and diminish fine lines and wrinkles, acne prone skin, acne scarring, blackhead and congested skin, sun damaged skin, uneven pigmentation and uneven skin texture.	£109

Caci

Renowned for its non-surgical facelift, CACI Synergy uses patented micro-current technology to re-educate and lift the muscles of the face as well as target the main visible signs of ageing. It also comprises of orbital microdermabrasion, ultrasonic peeling and CACI’s unique wrinkle comb. For optimum results, we recommend that all facial toning treatments are carried out in courses of 10-12 twice weekly followed by a single monthly maintenance treatment.

Facial Toning

Synergy Non-Surgical Face Lift and Skin Rejuvenation with S.P.E.D* **£90**
A luxury treatment combining all aspects of the new CACI Synergy system for facial toning, leaving a youthful and radiant complexion. Comprising of CACI’s non-surgical facelift and ultrasonic peeling, orbital microdermabrasion, wrinkle comb and nourishing hydromask, this is the ultimate treat for your skin.

Non-Surgical Face Lift with S.P.E.D* **£75**
CACI’s breakthrough S.P.E.D technology is used to lift and tone the facial muscles whilst dramatically reducing the appearance of fine lines and wrinkles leaving a more youthful appearance and clear, glowing skin.

Jowl Lift with S.P.E.D* **£45**
Designed to lift, firm and refine facial contours using S.P.E.D technology to specifically target muscle laxity around the jawline.

Eye Revive with S.P.E.D* **£45**
S.P.E.D technology is used to target hooded eyelids, fine lines and wrinkles whilst serum-filled rollers and a nourishing eye mask tackle puffiness and dark circles, great for those with tired eyes.

Electro-Cellulite Massager (Bum lift) **£45**
Designed to effectively contour the legs and buttocks, CACI’s electrically-charged massage roller is used to reduce inches and smooth the appearance of cellulite by breaking down fatty deposits and improving lymph drainage.

*Breakthrough S.P.E.D™ technology (simultaneous photo-electrical delivery) combines CACI’s signature micro-current and high brilliance LED light therapy for enhanced skin treatment results. Red light is used to stimulate cellular turnover and collagen production whilst blue light is used to calm redness and kill bacteria - an effective treatment for acne and blemishes.



Environ

This revolutionary treatment uses the Environ Ionzyme machine to apply a combination of electrical pulses and sound waves to drive vital skin vitamins A,C ,E antioxidants and peptides into the skin. The treatment stimulates maximum thickening of the skin, helps to improve collagen and elastin levels, soften lines and scars, reduces uneven skin tone and increases hydration. Optimum results are seen with a course of treatment alongside a prescribed home care.

Environ Electro Sonic Essential Treatments

60 minutes - £69 90 minutes - £90

Using the DF Ionzyme machine alongside professional skincare products we can deliver more of what the skin needs and where it needs it most making a real lasting difference to your skin for life. Following a thorough skin consultation your skin specialist will help decide on 1 of the 4 treatment options below that is most suited to you.

1. Essential Youth Reset

Perfect for fine lines, sun damage and sagging skin.

2. Essential Moisture Boost

Reduce the appearance of fine lines caused by dehydration.

3. Essential Comfort Calm

Ideal for sensitive, irritated skin.

4. Essential Radiance Reveal

A targeted solution for sun damaged or pigmented skin.

Electro-Sonic Focus-On Treatments

30 minutes - £45

Specially developed to target specific areas using environs revolutionary dual electro sonic DF technology, ensuring that your primary skincare concerns are directly addressed. Perfect for when time is limited.

1. Focus-On Frown treatment

Assists in reducing the appearance of expression and frown lines around the eye and forehead.

2. Focus-On Eye Treatment

Combining our peptide complex with hyaluronic acid ensures a completely refreshed, hydrated and youth appearance.

3. Focus-On Texture treatment

An intensive combination of the 3 Environ technology dual Electro sonic, cool peel and micro perfusion to reveal smoother evenly textured skin.

4. Focus-On Even Tone treatment

The power combination of vitamin A,C and AHA to assist in lightening the appearance of pigment marks resulting in a more evenly toned complexion



Environ Cool Peel Treatments

30 minutes - £45 / 60 minutes - £65

Environ's unique technology is a non-invasive skin intelligent skin renewal system that will safely and effectively revive, refine and brighten skin. These should be performed 1 x per week for 6 weeks to achieve optimum results.

1. Youth Renew Cool Peel

Assists with reducing premature ageing, fine lines, sun damage and an uneven skin complexion. Leaving the skin looking refreshed and visibly youthful. You must have acclimatised to Vitamin A for a minimum of 3 weeks prior to this treatment.

2. Moisture Boost Cool Peel

Designed to gently buff off the skin surface and focus on revitalising dry, tired looking skin revealing a healthy looking glow.

3. Deep Cleansing Cool Peel

Designed to gently buff off the surface and focus on buffering and control the appearance of congested skin.

4. Bright Recovery Cool Peel

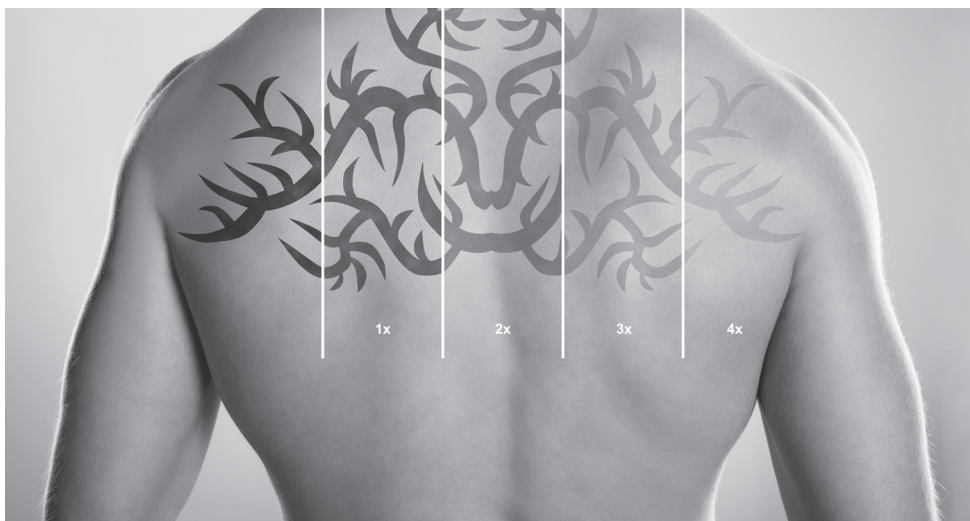
This gentle Lactic acid cool peel assists with reducing the appearance premature ageing, fine lines and uneven skin tones as a result of excessive sun exposure.

5. Blemish Control Cool Peel

Assists with the management of blemish prone distressed & problematic skin by purifying, cleansing and assisting to unlock pores and dissolve impurities. You must have acclimatised to Vitamin A for a minimum of 3 weeks prior to this treatment.

6. Vibrant-C Micro Peel

Freshly mixed before application, this peel is so infused with added anti-oxidant's that assists in restoring the skin glow, uneven textures and tone. You must have acclimatised to Vitamin A for a minimum of 3 weeks prior to this treatment.



Tattoo Removal

At Bodilight we use specialised laser technology to diminish your unwanted tattoos. The treatment is simple, safe, and effective. Treatments are charged per session. For optimum results we recommend booking a course of a minimum of 6 treatments. The prices shown are an indication, however during your consultation your tattoo will be assessed by a specialist who will advise you on your suitability, expected results and number of treatments. 20% saving when purchasing 6 or more sessions.

Test patch	£20
Very minor area (0-3cm)	£60
Minor area (4-8cm)	£90
Intermediate area (9-15cm)	£150
Major area (16-20cm)	£190

Carbon Facial

Using the ND Yag Laser, the Carbon Facial is a non-invasive procedure with zero down time using activated charcoal to improve the radiance of the skin. Dead skin cells, makeup residue, clogged pores, oil and blackheads are removed and the appearance of large pores, fine lines and wrinkles can be reduced. This treatment is great as a 'one off' for an instantly freshened complexion.

Price: varies from £75.00

Eye Treatments

HD Brows

High Definition Brows are a tailor made eyebrow shaping treatment that focuses on design. It involves a combination of techniques including tinting, waxing and threading using specialist High Definition products. If there isn't enough hair to create your perfect arch immediately, we'll put you on a regrowth programme and work with you every step of the way to achieve the perfect brow for you.

Brow sculpt

BrowSculpt is brow lamination with a bespoke HD Brows twist. Whether you dream of achieving that full, fluffy eyebrow look, want to create symmetry in uneven brows or tame unruly hairs, our BrowSculpt brow lamination treatment is for you.

A patch test is required 48 hours prior to your HD Brows or Brow sculpt appointment.

HD Brows signature	£45
HD Express (without tint)	£28

Lash Enhancements

Nouveau Individual Classic extensions

Classic Lash infills 2-3 weeks/3-4 weeks plus

The perfect treatment for those wanting beautiful lashes 24/7, these Individual lash extensions are applied, one at a time onto your own eyelashes. Treatment results are tailored to each individual creating anything from a subtle enhancement to an all-out glamour.

£75
£42/£47

Volume Lashes

Volume lash infills 2-3 weeks/3-4 weeks plus

Volume lashes aka (3D-6D lashes) is a multi-lash technique involves adhering ultra-fine lashes onto a single natural lash. The main benefit of this layering is that it gives a full, high impact, glamorous look with maximum natural looking volume.

£89
£45/£52

Express Classic/Express volume

You are now able to transform your eyelashes during your lunch break. This fast technique gives you luscious lashes lasting up to 2 week' no infills required, simply remove and replace.

£45/£55

LVL Enhance

LVL (Lift Volume Length) straightens your natural eyelashes at the root, so unlike a traditional lash perm it creates the effect of longer, lifted lashes. The results are immediate and typically last up to 6 weeks.

£52

Eyelash Perm

Eyelash Perm with Tint

Eyelash tint

Eyebrow tint

Lash & Brow tint

Classic Brow shape/tidy

£45
£60
£20
£15
£30
£15

* Please note: a skin test is required 48 hours before all lash treatments.



Nail Treatments

Express manicure	£30
File, shape, cuticle work, nourishing oil finish.	
Classic manicure	£45
File, cuticle work, exfoliating scrub, massage and gel polish.	
Deluxe manicure	£55
File, cuticle work, exfoliating scrub, massage, heated conditioning treatment and gel polish.	
Gel polish manicure/pedicure (Shellac or The Gel Bottle)	£38
Mirror finish, lasting up to 2 weeks, no chips/dents or smudges and zero drying time.	
Builder gel	£45
For added strength and longer wear. Includes gel polish finish.	
Express pedicure	£30
File, shape, cuticle work, nourishing oil finish.	
Classic pedicure	£45
File, cuticle work, exfoliating scrub, foot rasp, massage and gel polish.	
Deluxe pedicure	£55
File, cuticle work, exfoliating scrub, massage, foot rasp, heated conditioning treatment and gel polish.	
Nail art	From £1.50/nail
Other options of feature nails, chrome, stamping rockstar, foils are available and subject to a minimal additional charge.	
Internal removal no re-application	£15.00
External removal	£25.00
Nail Enhancements	
Acrylic enhancements (extension)	£60
Acrylic overlays (natural nails)	£55
Rebalance/infill	£45
Individual nail repair (acrylic)	£5
Nourishing removal manicure	£30
Gel enhancement/extension	£60

Gel polish included as standard with all nail services where specified.

Senior
Technician

£35

£50

£60

£43

£50

£35

£50

£60

Osteopathy

Do you suffer with: Back or neck pain, pregnancy discomfort, sport injuries, postural/work related problems, stiff and painful joints and/or repetitive strain injury? If so, the following treatments are carried out by a fully registered Osteopath. Bodilight Osteopathy clinic has a team of Osteopaths and sports therapists that are here to help.

Osteopathy consultation & treatment	£55
Inclusive of full clinical assessment, full medical history, posture analysis and presenting complaint analysis.	
Osteopathy follow up session	£47
Sports massage	£45
Rehabilitation and sports therapy	£45
Pregnancy treatment/massage	£45

Holistic Therapy

We offer a wide range of holistic services and will always do our best to ensure a suitable relaxing environment for such treatments, however, we are primarily a clinic set up, not a spa and therefore cannot guarantee noise levels in neighbouring treatment rooms.

Swedish body massage/back and shoulder massage (50mins/25mins)	£58/£41
A relaxing full body massage, using as much or as little pressure as you require. Concentrating on specific areas of need or problem, ideal to relieve a build up of stress or tension wherever required.	
Aromatherapy facial massage (40mins)	£53
A shoulder, neck and facial massage using essential oils suited to your needs, including a cleanse, tone, compress and moisturise.	
Aromatherapy body massage/back and shoulder massage (50mins/25mins)	£60/£45
A relaxing massage combined with essential oils suited to your needs, whether to revitalise, soothe and replenish, detoxify, or rejuvenate.	
Indian head massage (40mins)	£48
An ancient technique to relieve stress, muscle fatigue and alleviate tension from the shoulders, neck and head area.	
Luxury express facial (25mins)	£45
A pampering facial ideal for those who are always on the go. Enjoy a deep cleanse, tone, exfoliate, mask and moisturise. Suitable for all skin types.	
Hot stone massage full body/back and shoulders (50mins/25mins)	£65/£48
A stress-busting treatment designed to relax and unwind, there's nothing better than a hot stone massage. Popular for its ability to soothe both mind and body, the hot stone massage uses a combination of gentle oils and natural stones in a bid to ease muscle tension, improve circulation and promote wellbeing.	

Tanning

Bodilight uses St Tropez tanning system, the UK's leading salon professional self tan and spray tan brand. St Tropez gives an instant sun-kissed colour and develops into a long lasting sunless fake tan by combining naturally derived tanning agents guaranteeing a longer lasting and more natural-looking result.

Spray tan - Full body	£30
Spray tan - Upper body	£18
Spray tan - Lower body	£18
Spray tan - Face & neck	£15
Express 60 minute spray tan	£33

Sunbeds

Bodilight has equipped its Tanning Spa with the latest state of the art luxury lay down and stand up sunbeds to give you the ultimate tanning experience. We provide a wide range of accelerators, bronzers and tingle lotions to suit every individual and maximise your tanning results.

One off Tanners Pay as you go	75p per minute
Silver package (75 minutes of tanning) Occasional Tanners	£36
Gold Package (unlimited tanning for 1 month) Regular Tanners T & C apply. Ask staff for full details	£55

Laser Lipo

There is now a very real alternative to surgery with the introduction of Strawberry laser lipo. This inch loss treatment is safe, pain free and with immediate results. This 8 step programme is the perfect boost to any healthy lifestyle.

Consultation	Free
Per session	£60
8 x sessions	£400

Clinic T's & C's

Consent and consultation forms

Several of our treatments require you to fill out a consent form prior to the procedure. These forms will be required to be updated on every visit (for some services). We appreciate this may be a little frustrating, but this is imperative to ensure client safety.

Clinic Etiquette

We ask all of our clients to keep noise to a minimum during your visit and insist that all mobiles are switched to 'silent' for the consideration of other clients receiving relaxing treatments nearby.

Therapist Requests

All staff are trained to deliver high quality treatments of a similar standard. We cannot guarantee you will get your therapist of choice; however, we always do our best to accommodate your preference where possible.

Children

For insurance reasons and the comfort of other clients, we have a strict "No children" (Under 10) policy at the clinic. We cannot accept any responsibility for a child's welfare, so for the safety of us, the clinic and the child we ask our clients not to bring children on the premises where possible.

Appointment confirmations

An automated email will be sent immediately to confirm the details of your booking as well as a text reminder 48 hours prior to booking. It is the responsibility of the client to inform us of any change in contact details, Bodilight takes no responsibility for unreceived appointment texts and urges all clients to always add any appointments to their own personal diaries as back up.

Securing an appointment

A 50% deposit will be taken at the time of making an appointment online or by phone. Cancellations can be made (9am until 7pm Monday to Saturday, out of hours messages will not be accepted).

Cancellations and No-Shows

We require a minimum of 24 hours' notice to cancel or reschedule any appointment. If you fail to arrive and have not given sufficient notice, 50% of the full treatment fee will be charged.

Repeat offenders

If you consistently cancel within 24 hours or do not show up for your appointment, after the third occasion, you'll be asked to pay for your appointment in full and upfront at the time of booking. Should you fail to arrive or give sufficient notice you will forfeit the full amount.

Late arrivals

We will always make every effort to accommodate late arrivals, but this may not always be possible if it causes inconvenience to other clients. In these cases, we will treat late arrivals as cancellations without notice and they will therefore be subject to the same penalties. We recommend you arrive at least 5 minutes before your appointment time.