BODILIGHT

AESTHETIC BEAUTY CLINIC

SINCE
2000

A New Standard of Beauty and Wellness
Treatments for Men and Women

301 SOUTH ROW MILTON KEYNES MK9 2FY

Welcome to Bodilight Aesthetic Beauty Clinic

We specialise in a wide range of proven and highly effective treatments using the latest, most advanced technology. Established in 2000, Bodilight has been delivering exceptional results for over two decades. Our expert team of doctors, pharmacists, and therapists are dedicated to providing a professional, results-driven service to the highest standard.

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Hair Removal

Laser

Bodilight are specialists in laser hair removal. With over 20 years of experience using the most advanced technology, we are able to offer a safe, effective and permanent solution for unwanted hair for both men and women. For optimum results several treatments are usually required. Multiple treatment discounts are available.

NUMBER OF TREATMENTS	1	3	6	10	
EXTRA SMALL AREAS	Lip / Chin / Nose / Ears / Glabella / Fingers / Toes				
Saving		10%	20%	40%	From £28 per session
Price per session	£46	£41	£37	£28	
Course price		**£125**	**£221**	**£276**	
SMALL AREAS	Small Face Area / Underarm / Nipples / Sternum / Peri Anal / Linea / Front of Neck				
Saving		10%	20%	40%	From £42 per session
Price per session	£69	£63	£56	£42	
Course price		**£187**	**£332**	**£414**	
MEDIUM AREAS	Bikini / Neck / Beard / Half Arms / Breast / Buttocks / Back of Thigh / Half Back				
Saving		10%	20%	40%	From £56 per session
Price per session	£92	£83	£73	£56	
Course price		**£249**	**£442**	**£552**	
LARGE AREAS	Back / Chest / Half Leg / Shoulders / Full Face / Beard and Neck / 3/4 Arm				
Saving		10%	20%	40%	From £76 per session
Price per session	£126	£114	£101	£76	
Course price		**£341**	**£605**	**£756**	
EXTRA LARGE AREAS	Full Legs / Chest & Abdomen / Back and Shoulders / Full Arms				
Saving		10%	20%	40%	From £87 per session
Price per session	£145	£131	£116	£87	
Course price		**£392**	**£696**	**£870**	

PURCHASE 3 OR MORE AREAS IN ONE GO AND SAVE AN EXTRA 10%

Waxing

Tier 1 **Glabella, upper lip, chin**	**£14**
Tier 2 **Eyebrows, hair line, cheeks, sideburns, nipples, linea, sternum, toes, fingers, nostrils**	**£16**
Tier 3 **Feet and toes, hands and fingers, underarm, standard bikini, hand size patch**	**£18**
Tier 4 **Front/back of neck, upper or lower arms, peri anal, upper lip and chin**	**£20**
Tier 5 **Beard, full neck, beard and front of neck, chest, half back**	**£26**
Tier 6 **Shoulders, lower or upper leg, abdomen**	**£30**
Tier7 **Back, full arms, ¾ legs bikini extended to inner thigh area**	**£35**
Tier 8 **Intimate waxing (Brazilian and Hollywood), chest and abdomen, full face full clearance bikini (Hollywood), full legs, back and shoulders**	**£44**

Electrolysis

Electrolysis is a safe, effective, and permanent method of hair removal suitable for all skin and hair types. This treatment works by gently inserting a fine probe into each hair follicle and applying a small electrical current to destroy the hair root, preventing future growth. Electrolysis is ideal for treating small, targeted areas such as the face, chin, upper lip, or other stubborn hairs that are resistant to other hair removal methods. At Bodilight, we use advanced equipment and techniques to ensure a comfortable experience and long-lasting results, leaving your skin smooth and hair-free.

Test patch	£20
up to 10 minutes	£22
up to 15 minutes	£30
up to 30 minutes	£49
up to 45 minutes	£69
up to 60 minutes	£83

Advanced Electrolysis

A wide diversity of skin blemishes and disorders can be treated easily and effectively using this advanced technique. Results can often be seen immediately, however on some occasions several sessions may be required to achieve an eventual blemish free skin. Treatable conditions include: thread veins, millia, skin tags, blood/ cherry spots, warts, verruccas, sebaceous cyst and much more.

Test patch	£20
up to 15 minutes	£95
up to 30 minutes	£119

Injectables

Bodilight offer a range of advanced, non-surgical treatments designed to refresh, rejuvenate, and enhance your natural beauty. All procedures, including Anti Wrinkle, Dermal Fillers, Profhilo, PRP Vampire Facials, and Hyperhidrosis treatments, are performed by a member of our highly qualified and experienced medical team to ensure the highest standards of safety, precision, and results. A full consultation is required before any treatment to discuss your goals, assess suitability, and create a tailored plan for your needs. Consultation appointments are charged at £50, which is redeemable against the cost of any treatment you choose to proceed with.

Wrinkle Relaxing

Anti wrinkle injections are a popular, non-surgical treatment designed to smooth fine lines and wrinkles, creating a refreshed and youthful appearance. This works by temporarily relaxing the underlying facial muscles that cause expression lines. The procedure is quick, virtually painless, and requires no downtime, making it an ideal choice for those seeking subtle, natural-looking results. Most commonly treated areas include:

Crows' feet, Frown Lines, Forehead Lines.

1 area	£179
2 areas	£259
3 areas	£299

Additional smaller areas include:
Bunny lines, lip flip, gummy smile, chin dimpling, downturned mouth, and the under-eye area

Small add-on areas	£79
Stand alone small areas	£125

Enhanced dose (may be required to achieve optimal results). £50

Advanced areas include: £299
Masseter for jawline slimming, jaw clenching, and neck bands

Hyperhydrosis £429

This treatment is an effective way to reduce excessive sweating and boost confidence. It works by temporarily blocking the nerve signals that cause overactive sweat glands, significantly reducing perspiration in areas like the underarms, hands, feet, or forehead. The procedure is quick, minimally invasive, and requires little to no downtime.

Migraines £179

Help reduce the frequency and intensity of chronic migraines by relaxing the muscles and blocking pain signals involved in migraine episodes. Many clients experience fewer headaches and improved day-to-day comfort after treatment.

Teeth Grinding £179

Treatment can relieve teeth grinding by relaxing the overactive jaw muscles responsible for clenching. This reduces jaw tension, protects the teeth from wear, and can ease related symptoms such as headaches and facial discomfort.

Injectables

Profhilo
This is an advanced injectable skin treatment designed to deeply hydrate, tighten, and rejuvenate the skin from within. Unlike traditional dermal fillers, Profhilo contains a high concentration of pure hyaluronic acid that spreads evenly beneath the skin, stimulating collagen and elastin production for a natural, refreshed glow. It is ideal for improving skin laxity, boosting hydration, and restoring firmness to areas such as the face, neck, décolletage, and hands.

1 session	£270
2 sessions	£520
3 sessions	£750

Structurer
(lax and sagging skins)

1 session	£300
2 sessions	£550
3 sessions	£750

Facial Fillers
These non-surgical treatments restore volume, smooth lines, and enhance facial contours for a youthful, refreshed appearance. These premium hyaluronic acid-based fillers work by replenishing lost hydration and plumping targeted areas, effectively softening wrinkles, enhancing lips, defining cheeks, and improving facial balance. Results are natural-looking, immediate, and long-lasting, with minimal discomfort or downtime

Lips 0.5 ml -1ml	£259
Peri Oral Lines	£259
Cheeks	£490
Chin	£720
Jawline	£940
Tear Trough	£449

PRP Vampire Facial
This is an advanced, rejuvenating treatment that uses your body's own platelet-rich plasma (PRP) to stimulate collagen production, improve skin texture, and restore a youthful glow. During the procedure, a small sample of your blood is processed to extract PRP, which is then applied and gently infused into the skin to promote natural healing and regeneration. This treatment is ideal for reducing fine lines, improving skin tone, tightening lax areas, and enhancing overall radiance.

From	£399
Combine with Microneedling	£475

Polynucleotides
Polynucleotides enhance collagen and elastin production by stimulating fibroblast cells, improve tissue regeneration, and restore skin tone and elasticity. Besides their bio-remodelling benefits, they also offer antioxidant and hydrating effects, leading to skin that appears and feels more vibrant and healthy.

Single session	£280
Course of 3	£750

Specialist Skin Treatment

DemaPen Medical Grade Microneedling — Full face and neck £275 / Full face £249
A rejuvenating skin treatment that uses ultra-fine needles to stimulate collagen, improve texture, and soften fine lines, acne scars, and pigmentation. Skin appears smoother, firmer, and more radiant with minimal downtime.

Obagi Blue Peel Radiance — £99
This is a Salicylic Acid, Glycolic Acid and Lactic Acid peel which works to decongest, brighten and smooth skin texture. Ideal for oily and acne / blemish-prone skin, as well as dull, sallow, pigmented and mature skin with fine lines. This peel is suitable for all ethnicities and skin preparation is not normally required.

Epionce Lite Refresh Skin Peel — £79
Formulated to improve the appearance and texture of the skin by increasing cell turnover, this skin peel is the perfect “lunch-time” skin freshening treatment. It relieves skin congestion, dullness, sallowness and improves acne with no downtime meaning it’s great for all skin types including rosacea and sensitive skins.

Epionce Corrective Peel — £93
The Epionce corrective peel is a more advanced treatment and is formulated to improve the appearance and texture of the skin by increasing cell turnover to reduce the appearance of fine lines, wrinkles and sun damage. The treatment can be varied in strength and intensity thereby customised to your individual needs. The corrective peel produces optimal results as a course of three and requires using Epionce products two weeks prior to the treatment taking place.

Microdermabrasion — £79
Caci microdermabrasion uses an orbital skin resurfacing mechanism to remove the dead outermost layers of skin. As a result the newer, more vibrant skin that lies below is revealed, leaving your skin feeling and looking smoother, fresher, healthier and more youthful.

Combination Microdermabrasion and Skin Peel — £123
These procedures are ideal for almost all skin types and are great for providing general improvement benefits. In addition, microdermabrasion and skin peels are commonly used to treat and diminish fine lines and wrinkles, acne prone skin, acne scarring, blackhead and congested skin, sun damaged skin, uneven pigmentation and uneven skin texture.

Dermalux LED Light Therapy — stand alone £40/add on £19
A non-invasive treatment using clinically proven LED light to stimulate cellular activity, boost collagen, reduce inflammation, and promote skin repair. Ideal for improving skin tone, texture, and radiance with no downtime.

BUY A COURSE OF 6 SKIN TREATMENTS AND SAVE 20%

Bodilight Facials

Bodilight Signature Express Facial £50
Our Bodilight Signature Express Facial is the perfect pick-me-up for anyone seeking a moment of calm and a refreshed complexion. Suitable for all skin types, this treatment includes a thorough cleanse, tone, exfoliation and mask, paired with a soothing mini massage to melt away tension. This is an ideal choice for those looking to indulge in a little self-care when time is limited.

Bodilight Signature Luxe Facial £60
The Bodilight Signature Luxe Facial offers a deeper level of relaxation and rejuvenation. Tailored for all skin types, this indulgent treatment includes a cleanse, tone, exfoliation and mask, enhanced with gentle steam to boost skin benefits and a luxurious, extended massage to ease stress and nourish the senses. Perfect for anyone seeking a truly pampering escape, this facial delivers both beautiful skin and a restorative moment of self-care.

Bodilight Signature Deep Back Cleanse £65
Treat your back to a rejuvenating Deep Back Cleanse with manual extraction, designed to target and eliminate impurities for a clearer, smoother complexion. This luxurious treatment includes a thorough cleanse, exfoliation, steam, extraction of stubborn blackheads and whiteheads, and a soothing mask to leave your skin feeling refreshed and revitalised.

Bodilight Signature Aromatherapy Facial £63
A soothing, sensory experience combining gentle facial massage with carefully selected essential oils to relax the mind, nourish the skin, and restore natural radiance. Perfect for relieving tension and promoting a healthy, glowing complexion.

Skin Analysis £30
Begin your skin journey by having a thorough Skin Analysis with our Opatra Skin scanner which uses advance camera technology to help determine and detect various skin concerns and conditions. Highlighting areas to treat and create bespoke facials to target and improve the concerned areas whilst visually monitoring your progress.

Caci

Renowned for its non-surgical facelift, CACI Synergy uses patented micro-current technology to re-educate and lift the muscles of the face as well as target the main visible signs of ageing. It also comprises of orbital microdermabraision, ultrasonic peeling and CACI's unique wrinkle comb. For optimum results, we recommend that all facial toning treatments are carried out in courses of 10-12 twice weekly followed by a single monthly maintenance treatment.

Facial Toning

Synergy Non-Surgical Face Lift and Skin Rejuvenation with S.P.E.D* £97
A luxury treatment combining all aspects of the new CACI Synergy system for facial toning, leaving a youthful and radiant complexion. Comprising of CACI's non-surgical facelift and ultrasonic peeling, orbital microdermabrasion, wrinkle comb and nourishing hydromask, this is the ultimate treat for your skin.

Non-Surgical Face Lift with S.P.E.D* £81
CACI's breakthrough S.P.E.D technology is used to lift and tone the facial muscles whilst dramatically reducing the appearance of fine lines and wrinkles leaving a more youthful appearance and clear, glowing skin.

Jowl Lift with S.P.E.D* £49
Designed to lift, firm and refine facial contours using S.P.E.D technology to specifically target muscle laxity around the jawline.

Eye Revive with S.P.E.D* £49
S.P.E.D technology is used to target hooded eyelids, fine lines and wrinkles whilst serum-filled rollers and a nourishing eye mask tackle puffiness and dark circles, great for those with tired eyes.

Electro-Cellulite Massager (Bum Lift) £60
Designed to effectively contour the legs and buttocks, CACI's electrically-charged massage roller is used to reduce inches and smooth the appearance of cellulite by breaking down fatty deposits and improving lymphatic drainage.

*Breakthrough S.P.E.D™ technology (simultaneous photo-electrical delivery) combines CACI's signature micro-current and high brilliance LED light therapy for enhanced skin treatment results. Red light is used to stimulate cellular turnover and collagen production whilst blue light is used to calm redness and kill bacteria - an effective treatment for acne and blemishes.

Environ

This revolutionary treatment uses the Environ Ionzyme machine to apply a combination of electrical pulses and sound waves to drive vital skin vitamins A,C ,E antioxidants and peptides into the skin. The treatment stimulates maximum thickening of the skin, helps to improve collagen and elastin levels, soften lines and scars, reduces uneven skin tone and increases hydration. Optimum results are seen with a course of treatments alongside a prescribed home care routine.

Environ Electro Sonic Essential Treatments 60 minutes - £75 90 minutes - £99

Using the DF Ionzyme machine alongside professional skincare products we can deliver more of what the skin needs and where it needs it most making a real lasting difference to your skin for life. Following a thorough skin consultation your skin specialist will help decide on 1 of the 4 treatment options below that is most suited to you.

1. Essential Youth Reset
Perfect for fine lines, sun damage and sagging skin.

2. Essential Moisture Boost
Reduce the appearance of fine lines caused by dehydration.

3. Essential Comfort Calm
Ideal for sensitive, irritated skin.

4. Essential Radiance Reveal
A targeted solution for sun damaged or pigmented skin.

Electro-Sonic Focus-On Treatments 45 minutes - £55

Specially developed to target specific areas using environs revolutionary dual electro sonic DF technology, ensuring that your primary skincare concerns are directly addressed. Perfect for when time is limited.

1. Focus-On Frown Treatment
Assists in reducing the appearance of expression and frown lines around the eyes and forehead.

2. Focus-On Eye Treatment
Combining our peptide complex with hyaluronic acid ensures a completely refreshed, hydrated and youthful appearance.

3. Focus-On Texture Treatment
An intensive combination of the 3 Environ technology dual Electro sonic, cool peel and micro perfusion to reveal smoother evenly textured skin.

4. Focus-On Even Tone Treatment
The powerful combination of vitamin A,C and AHA to assist in lightening the appearance of pigment marks resulting in a more evenly toned complexion

Environ Cool Peel Treatments 60 minutes - £75

Environs unique technology is a non-invasive, intelligent skin renewal system that will safely and effectively revive, refine and brighten skin. These should be performed 1 x per week for 6 weeks to achieve optimum results.

1. Youth Renew Cool Peel
Assists with reducing premature ageing, fine lines, sun damage and an uneven skin complexion. Leaving the skin looking refreshed and visibly youthful. You must have acclimatised to Vitamin A for a minimum of 3 weeks prior to this treatment.

2. Moisture Boost Cool Peel
Designed to gently buff off the skins surface and focus on revitalising dry, tired looking skin revealing a healthy looking glow.

3. Deep Cleansing Cool Peel
Designed to gently buff off the skins surface and focus on buffering to control the appearance of congested skin.

4. Bright Recovery Cool Peel
This gentle Lactic acid cool peel assists with reducing the appearance of premature ageing, fine lines and uneven skin tones as a result of excessive sun exposure.

5. Blemish Control Cool Peel
Assists with the management of blemish prone distressed & problematic skin by purifying, cleansing and assisting to unblock pores and dissolve impurities. You must have acclimatised to Vitamin A for a minimum of 3 weeks prior to this treatment.

6. Vibrant-C Micro Peel
Freshly mixed before application, this peel is so infused with added anti-oxidant's that assists in restoring the skins glow, uneven textures and tone. You must have acclimatised to Vitamin A for a minimum of 3 weeks prior to this treatment.

Brow Treatments

Enhance, define and elevate your natural brows with our tailored brow treatments designed to suit every client. Whether you're looking for a soft tidy, a bold transformation or long-lasting shape and colour, our skilled brow specialists use advanced techniques to create beautifully balanced results. From precision shaping to tinting and bespoke HD and lamination services, we ensure every treatment leaves your brows looking their best while complementing your natural features.

HD Brows A brow treatment designed to create perfectly shaped, natural looking eyebrows tailored to suit your face. This multi-step process includes a detailed consultation, brow mapping, shaping, tinting, and finishing touches to enhance your natural brow shape and balance. HD Brows is ideal for defining, filling, or transforming your brows for a polished and long-lasting look. Results can be immediate, although a regrowth programme may be required to achieve the desired look.	Signature	£36
In a hurry and want to skip the tint element or a tint is not required? We've created an express version just for you.	Express	£30
Brow Sculpt (aka Brow Lamination) This is an advanced brow treatment that goes beyond traditional shaping to lift, define, and sculpt your eyebrows with precision.		£49
Brow Stay Brows Stay is an advanced add-on treatment to HD Brows or Brow Sculpt, using a specialised tinting product to provide extra staining benefits for even longer-lasting results. This treatment helps maintain the perfect shape, definition, and colour of your brows for an extended period, keeping them looking polished and flawless between your main brow appointments.	Add On	£5
Brow Tidy A quick maintenance treatment to neaten and shape the brows, leaving them looking clean and defined.		£16
Brow Tint Boost your brow colour and definition with our expert tinting service.		£16

Please note: A skin test patch is required 48 hours minimum prior to all lash & brow services.

Lash Enhancements

Enhance your natural beauty with our range of professional lash treatments, designed to add definition, length, and volume to your lashes. Whether you're looking for a subtle everyday lift or a glamorous, fuller effect, our expert technicians will tailor each service to suit your style and desired look. Perfect for any occasion, our lash enhancements will leave your eyes looking effortlessly stunning.

Lash Tint £22
This quick and effective treatment darkens your natural lashes from root to tip, creating a fuller, more polished look that lasts for weeks. Perfect for holidays, busy mornings, or anyone who wants effortlessly striking eyes.

LVL Lash Lift Enhancement £57
Our LVL Lash Lift is the perfect way to achieve beautifully lifted, longer-looking lashes without extensions. This advanced treatment lifts your natural lashes from the root and includes a professional tint for added depth and definition. The result is a wide-eyed, mascara-free look that lasts for weeks—perfect for a low-maintenance yet effortlessly stunning finish.

Individual Classic Lash Extensions £79
The perfect treatment for those wanting beautiful lashes 24/7, these Individual lash extensions are applied, one at a time onto your own eyelashes. Treatment results are tailored to each individual creating anything from a subtle enhancement to an all-out glamour.

Volume Lash Extensions (pre made fans) £89
Volume lashes aka (3D-6D lashes) is a multi-lash technique which involves adhering ultra-fine lashes onto a single natural lash. The main benefit of this layering is that it gives a full, high impact, glamorous look with maximum natural looking volume.

Specialist Volume Lash Extensions (handmade fans) £99
Crafted exclusively by our elite lash technician. Using advanced techniques and creating handmade fans, each set is meticulously designed to achieve a look that is completely bespoke to you. This treatment offers unparalleled artistry, perfect for those seeking exceptional quality, flawless application, and a truly tailored finish.

Infills	**Classic**	**Volume**	**Specialist**
Up to 30 minutes	£36	£36	£45
Up to 45 minutes	£42	£42	£50
Up to 60 minutes	£47	£47	£57

Appointments required for more than 60 minutes would be considered a new full set.

Please note: A skin test patch is required 48 hours minimum prior to all lash & brow services.

Nail Treatments

Express Manicure or Pedicure £36
Perfect for when you're short on time, this quick treatment leaves your nails looking neat and refreshed. Nails are expertly filed and shaped, cuticles are tidied, and the treatment is finished with nourishing cuticle oil to keep your nails healthy and polished. Ideal for a last-minute refresh or when you need perfectly groomed nails in a hurry!

Classic Manicure or Pedicure £55
Experience a soothing soak, expert nail filing and shaping, cuticle care, an invigorating exfoliating scrub and a relaxing massage. The treatment is f inished with a flawless gel polish that's instantly dry, leaving your nails beautifully conditioned and polished to perfection. Option to upgrade to a BIAB (builder gel) finish for £7 or if you prefer to skip the gel finish? Opt out and receive £5 off your bill.

Deluxe Manicure or Pedicure £69
Experience the ultimate pampering with this luxurious treatment. Enjoy all the benefits of our classic service, including a soothing soak, expert nail filing and shaping, cuticle care, and an invigorating exfoliating scrub. Indulge in a relaxing massage before a deep conditioning treatment with heated booties or hand mitts (as applicable) to nourish and soften the skin. The treatment is finished with a flawless gel polish that's instantly dry, leaving your nails beautifully conditioned and polished to perfection. Option to upgrade to a BIAB (builder gel) finish for £7 or if you prefer to skip the gel finish? Opt out and receive £5 off your bill.

£44

Gel Polish Manicure/Pedicure (The Gel Bottle)
An express treatment for beautifully polished nails with a flawless mirror finish that lasts two weeks or more, with no chips or smudges and zero dry time. Nails are expertly filed and shaped, cuticles are tidied, and the treatment is finished with nourishing cuticle oil for healthy, perfectly polished nails

£51

Builder Gel (BIAB)
Strengthen and protect your natural nails with our Builder Gel (BIAB) treatment. Nails are expertly filed and shaped, cuticles are tidied, and the gel is applied to add durable strength and flexibility, helping prevent breakage. Finished with a gel polish colour of your choice & nourishing cuticle oil, this treatment leaves nails strong, healthy, and perfectly polished, ideal for lasting wear and a flawless look.

Finishing Options 50p
Chrome, Stamping, Blooming, Foils, French (per nail) £1
Free hand nail art (per nail)

£15

Gel Polish/BIAB removal no re-application £1.50
BIAB/gel nail repairs (per nail)

£65

Gel Enhancements/Extensions/hard gel option £55
Rebalance/Infill £3
Individual extension /nail repair £40
Extension/ hard gel removal manicure + £5
Senior Nail tech charge (automatically allocated unless specified)

Body Sculpting & Detox Therapies

Our body contouring and detox therapies are designed to support the body's natural lymphatic and circulatory functions, helping to reduce fluid retention, improve skin tone, and promote overall wellness. These targeted treatments can assist with the appearance of cellulite, encourage the removal of metabolic waste, and enhance the results of other aesthetic procedures. Each option uses precise techniques to deliver measurable benefits while maintaining a relaxing and professional treatment experience.

Laser Lipo
Strawberry Laser Lipo is a revolutionary pain free inch loss treatment that will change the way you think about plastic surgery. No pain, no down time and a healthier way of life. Essentially, it's a simple 8-step process which can take inches off target areas and provide dramatic results.

£72 per session
Course of 8 £460

Wood Therapy
A specialised body-contouring treatment using anatomically designed wooden tools to help break down localised fat deposits, smooth the appearance of cellulite, and stimulate lymphatic drainage. This technique promotes improved circulation and a more refined body shape.

1 area £75 per session
2 areas £125 per session
Full Body £165 per session

Lymphatic Drainage Massage
A gentle, rhythmic massage technique that encourages the natural movement of lymphatic fluid to reduce swelling, aid detoxification, and support the immune system. Particularly beneficial post surgery, stimulating the lymphatic system, reduces water retention and detoxifies the body.

£60 per session
Course of 6 £288

Pressotherapy
A non-invasive compression therapy that uses a specialised suit to deliver controlled air pressure, stimulating the lymphatic system to promote drainage, reduce water retention, and improve circulation. Ideal for reducing swelling, supporting detoxification, and enhancing body contouring results.

Add on service	£10.00
30 min treatment	£35.00
45 min treatment	£50.00

Fat Dissolving Injection
A treatment that works by liquidating fat cells and destroying them permanently. The broken-down cells are then eliminated naturally through the lymphatic system. It is suitable for the face and body. Results can be seen in just one session for small areas, i.e. when defining facial contours such as the jowls and chin.

Face per session £200
Course of 6 £960

Body per session £300
Course of 6 £1440

Wellness Services

All of our services are provided by our experienced pharmacists. Consultations are free, and we offer ongoing care, monitoring, guidance, and treatment adjustments to help you achieve lasting results.

IV Infusions **Price From**

A fast and effective way to boost wellbeing from within. Tailored vitamin blends are delivered directly into the bloodstream to enhance energy, support immunity, improve hydration, and promote overall vitality.

Anti Ageing NAD +	£199
Energising Meyers Formula	£199
Vitality Mega Vitaliser	£199
Anti Oxidant ALA	£99
Athletes Amino Acids	£125
Immune Boosting Vitamin C	£99

Add on options are £50. These include: Glutathione (Mega Antioxidant) & Selenium (immune boosting)

Wellness Injections

Targeted intramuscular injections designed to support energy metabolism, optimise nutrient levels, and assist overall wellbeing. These treatments deliver key compounds directly into the system for fast, effective absorption and clinically focused results.

Vitamin B12	£39
Hair Nails and Skin Support Biotin	£39
Fat Burning Shot (B complex)	£39

Prescription Hair loss Treatment

Oral Medication (3 months supply)	£19
Topical Spray (1 months supply)	£56

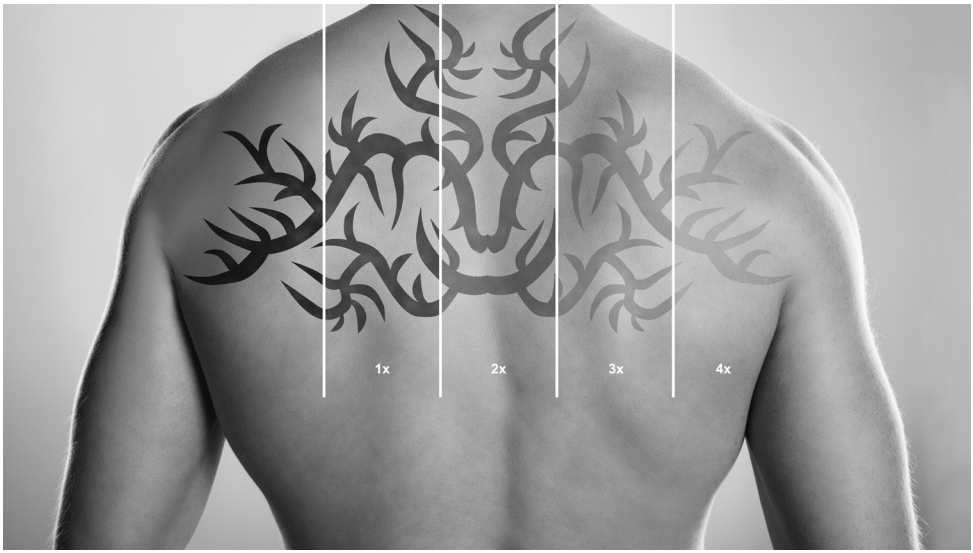
Weight Loss

A clinically supervised programme using prescribed medications, with the option of tailored nutrition plans and personalised training or coaching. Designed to regulate appetite, improve metabolic function, and promote sustainable weight reduction, each plan is personalised for safe, effective results with ongoing professional guidance.

Prescribed Weight Loss Injections	£99
Prescribed Oral medication	£49

Blood Testing POA

Comprehensive blood testing with a range of options available, including hormone profiling, biochemistry analysis, nutrient and vitamin deficiencies, and more. Tests provide detailed insights to support personalised health planning, optimise wellbeing, and monitor key physiological functions.



Laser Tattoo Removal

At Bodilight we use specialised laser technology to diminish your unwanted tattoos. The treatment is simple, safe, and effective. Treatments are charged per session. For optimum results we recommend booking a course of a minimum of 6 treatments. The prices shown are an indication, however during your consultation your tattoo will be assessed by a specialist who will advise you on your suitability, expected results and number of treatments.

		Course of 6 save 20%
Test patch	£20	
Very minor area (0-3cm)	£65	£312
Minor area (4-8cm)	£95	£456
Intermediate area (9-15cm)	£155	£744
Major area (16-20cm)	£195	£936

Sclerotherapy

Starting from £300 per session

Sclerotherapy is a safe and effective treatment used to reduce the appearance of thread veins and small varicose veins. A specialist solution is carefully injected into the targeted veins, causing them to fade and gradually be reabsorbed by the body.

This treatment is performed by a qualified doctor, ensuring the highest standards of care and safety. Typically, a course of 3–6 sessions is recommended for optimal results, depending on the severity and area being treated.

Common treatment areas include the legs (thighs, calves, and ankles), helping to restore a clearer, more even skin appearance.

Semi Permanent Cosmetic Make Up & Medical Micropigmentation

At Bodilight, all procedures are performed by Tracy Fensome, an award-winning permanent makeup artist and para medical artist, skin specialist, and an international industry judge. With over two decades of experience and having operated from Bodilight for more than 16 years - Tracy is recognised as one of the original pioneers who helped introduce permanent makeup to the UK in the early 2000s.

From your first consultation to your finished result, you'll experience the highest level of care and precision at every stage.

Permanent Makeup
A specialist tattooing technique that enhances or restores facial and body features by implanting custom colour blended medical pigments into the skin. It defines and addresses asymmetry in brows with bespoke effects with hyper-realism strokes to soft powder and ombré finishes; enhances the eyes with subtle to pixel-shaded perfect eyeliner; and adds colour to the lips for a natural tint that's ready to gloss up and go.

Eyebrows
Hyper-realism Hair Strokes • Ombre • Soft Powdered • Combo £495

Eyeliner
Subtle Lash Definition • Classic Medium Precision • Softly Shaded from £425

Lips
Lip Definition • Soft Blush Tint • Full Colour Luxe Finish from £425

Medical Micropigmentation
This advanced treatment recreates areolas for post-cancer survivors or male clients following gynecomastia surgery. Each treatment restores balance, definition, and confidence saving time, reducing frustration, and helping clients feel effortlessly themselves every day.

Lips
Cleft Lip • Balance Shape • Colour Blend • Cupids Bow from £450

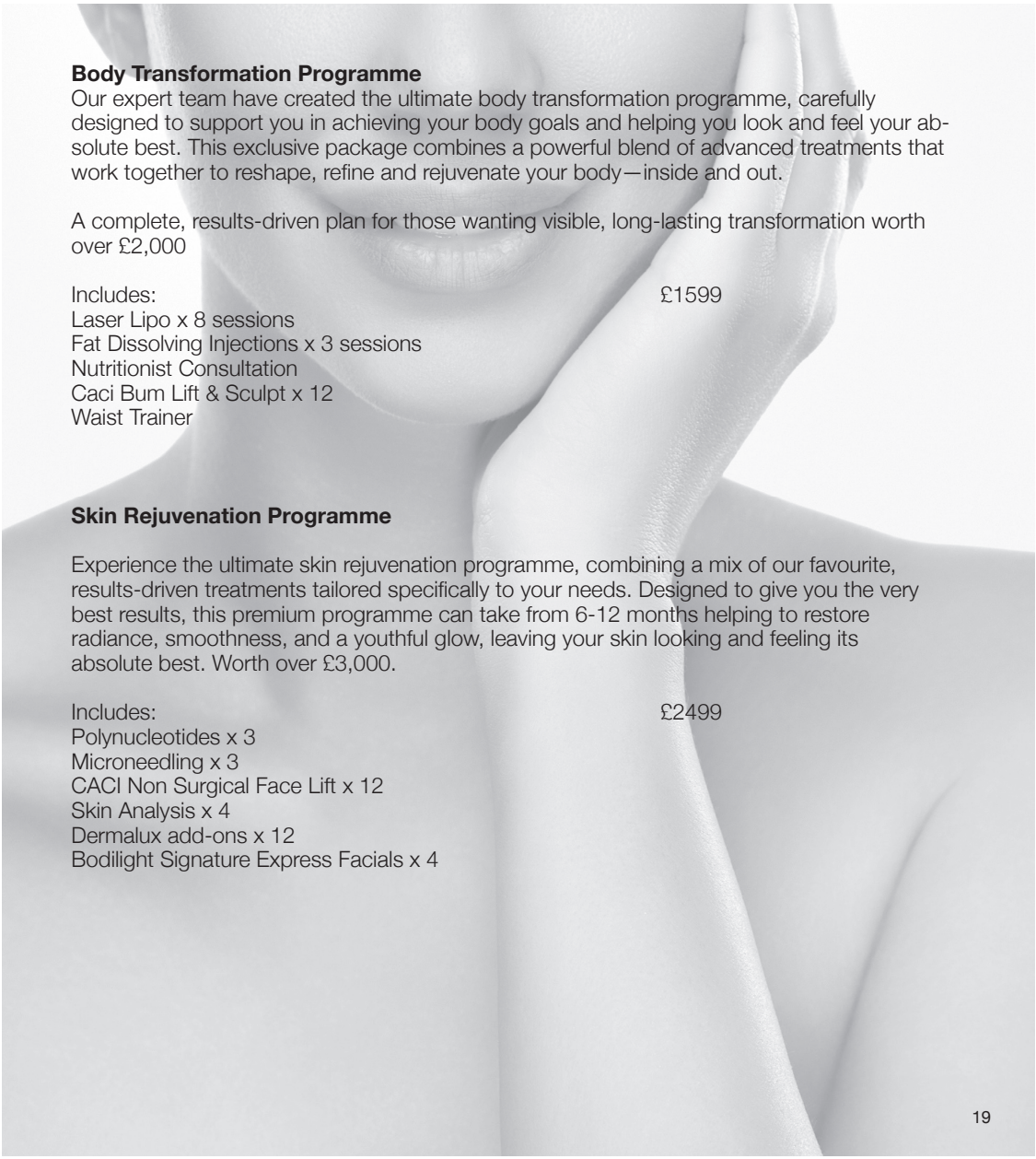
Areola Restoration Tattoo from £395

Scar & Skin Camouflage from £150

Includes full aftercare support, a curated aftercare kit. Lifetime loyalty pricing available for refresh appointments. For more information, visit www.tracyfensome.com

Treatment Programmes

Bodilight have designed two exclusive programmes that are structured over a 6 to 12 month period, providing a clear and effective path to sustainable, long-lasting results. Each programme combines expert-led treatments tailored to your individual goals, helping you transform your body or rejuvenate your skin while boosting confidence and wellbeing.



Body Transformation Programme
Our expert team have created the ultimate body transformation programme, carefully designed to support you in achieving your body goals and helping you look and feel your absolute best. This exclusive package combines a powerful blend of advanced treatments that work together to reshape, refine and rejuvenate your body—inside and out.

A complete, results-driven plan for those wanting visible, long-lasting transformation worth over £2,000

Includes: £1599
Laser Lipo x 8 sessions
Fat Dissolving Injections x 3 sessions
Nutritionist Consultation
Caci Bum Lift & Sculpt x 12
Waist Trainer

Skin Rejuvenation Programme

Experience the ultimate skin rejuvenation programme, combining a mix of our favourite, results-driven treatments tailored specifically to your needs. Designed to give you the very best results, this premium programme can take from 6-12 months helping to restore radiance, smoothness, and a youthful glow, leaving your skin looking and feeling its absolute best. Worth over £3,000.

Includes: £2499
Polynucleotides x 3
Microneedling x 3
CACI Non Surgical Face Lift x 12
Skin Analysis x 4
Dermalux add-ons x 12
Bodilight Signature Express Facials x 4

Massages

Swedish Body Massage/Back and Shoulder Massage
(50 minutes/25 minutes) £68/£45
A relaxing full body massage, using as much or as little pressure as you require. Concentrating on specific problematic areas of need, ideal to relieve a buildup of stress or tension wherever required.

Aromatherapy Body Massage/Back and Shoulder Massage
(50 minutes/25 minutes) £71/£55
A relaxing massage canbined with essential oil suited to your needs, whether to revitalise, soothe and replenish, detoxify, or rejuvenate.

Indian Head Massage
(40 minutes) £52
An ancient technique to relieve stress, muscle fatigue and alleviate tension from the shoulders, neck and head area.

Hot Stone Massage Full Body/Back and Shoulders
(50 minutes/25 minutes) £78/£59
Stress busting treatment designed to relax and unwind, there's nothing better than a hot stone massage. Popular for its ability to soothe body and mind, the hot stone massage users a combination of gentle oils and natural stones in a bid to ease muscle tension, improve circulation and promote well-being.

Aromatherapy Facial Massage
A soothing, sensory experience combining gentle facial massage with carefully selected essential oils to relax the mind, nourish the skin, and restore natural radiance. Perfect for relieving tension and promoting a healthy, glowing complexion. £60

Bodilight Bundles

Discover our Bodilight Bundles — these have been thoughtfully created bringing together multiple treatments designed for life's special moments. Enjoy a fuller experience at even greater value.

Complete Indulgence £165
Swedish full body massage, express Bodilight signature facial express, gel manicure and gel pedicure.

Relaxing Duo £102
Swedish full body massage and Bodilight signature facial luxe.

Pre-party Prep £160
Gel manicure, gel pedicure, classic lash enhancements and spray tan.

Mother To Be £151
Deluxe manicure, deluxe pedicure, and Bodilight signature facial express.

Pre-Holiday/Honeymoon £135
Full leg wax, bikini standard wax and an underarm wax plus a gel manicure and gel pedicure.

Beautiful Bride To Be £205
Bodilight signature facial express, gel manicure and gel pedicure. Brow shape, lash tint, full leg wax, bikini standard wax and an underarm wax.

Gorgeous Groom To Be £120
Express manicure, brow shape, back and shoulder massage, Bodilight signature facial express.

Spray Tan/Pamper Parties £26p/h
We offer a number of treatments to create bespoke, signature Bodilight experiences for small groups of people. (minimum of four people)

Osteopathy

Whether you are struggling with back or neck pain, pregnancy-related discomfort, sports injuries, postural or work-related strain, stiff or painful joints, or repetitive strain injury (RSI), our experienced team is here to support your recovery. Osteopathy is suitable for everyone — from athletes aiming to optimise performance, to busy professionals managing daily strain, and even retired individuals seeking to maintain mobility and comfort as the body changes with age. At Bodilight Osteopathy Clinic, our fully registered Osteopaths and Sports Therapists take a holistic, personalised approach to help you move better and feel better. By combining clinical expertise with hands-on, evidence-based techniques, our practitioners aim not only to reduce pain but to address the root cause of your symptoms. We pride ourselves on offering a calm, supportive environment where your practitioner works closely with you to create a tailored treatment plan that supports long-term wellbeing, improved mobility, and overall better function.

Initial Consultation & Treatment £65
Includes:
Full clinical assessment
Detailed medical history
Posture and movement analysis
Discussion of your presenting complaint
A clear treatment plan tailored to your needs
Hands-on osteopathic treatment during the session

Follow-Up Osteopathy Session £55
Focused hands-on treatment to continue your recovery. Your practitioner will review your progress, adjust techniques where needed, and support you in managing symptoms between visits.

Sports Massage £52
Ideal for relieving muscle tension, supporting training, preventing injury and enhancing athletic performance.

Rehabilitation & Sports Therapy £52
A movement-focused treatment combining corrective exercise, mobility work and tailored rehabilitation plans to support recovery and prevent recurrence.

Pregnancy Treatment £55
Safe and gentle techniques designed to ease the physical strains of pregnancy, helping with lower back pain, pelvic discomfort, rib restrictions, swelling and postural tension.

Spray Tans

Bodilight uses St Tropez tanning system, the UK's leading salon professional self tan and spray tan brand. St Tropez gives an instant sun-kissed colour and develops into a long lasting sunless fake tan by combining naturally derived tanning agents guaranteeing a longer lasting and more natural-looking result.

Spray Tan - Full Body	£32
Spray Tan - Upper Body	£18
Spray Tan - Lower Body	£18
Spray Tan - Face & Neck	£15
Express 60 Minute Spray Tan	£35

Sunbeds

Bodilight has equipped its Tanning Spa with the latest state of the art luxury lay down and stand up sunbeds to give you the ultimate tannng experience. We provide a wide range of accelerators, bronzers and tingle lotions to suit every individual and maximise your tanning results.

One Off Tanners Pay as you go	85p per minute
Silver Package (60 minutes) Occasional Tanners	£45
Gold Package (100 minutes) Regular Tanners	£68
Platinum Package (unlimited*) Advanced Tanners	£79

T & C apply. Ask staff for full details

Special Offers and Promotions
We are delighted to offer a range of fantastic promotions for both new and existing clients. Please check our website or ask our team for full details. Some of our ongoing offers include a 20% student discount and our client referral scheme, which rewards both you and a friend with 20% off when you introduce someone new to the clinic. We also offer gift vouchers for those special occasions or last-minute treats, available to purchase online or in the clinic.

Clinic Terms & Conditions
We advise all clients to read through the clinic terms and conditions before making a booking. These terms are designed to safeguard the Bodilight clinic and ensure the highest standard of service is provided to each of our clients. By booking an appointment, you agree to all the terms and conditions. Our terms and conditions can be read on our website or asking a member of the team in the clinic.

Opening hours
Monday to Friday 9am until 7pm
Saturday 9am until 4pm

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BODILIGHT
AESTHETIC BEAUTY CLINIC